|  |  |
| --- | --- |
| **ESTIMATED# OF HRS** | **TASK** |
| .5 hr | **UNDERSTAND TEST FORMAT**What type of test? Multiple choice, essay, details, large picture. How much does the test and each section weigh in your grade? *(Spend more time studying things that are more important, you do not necessarily need to give all tests/sections equal attention).* |
| .5 hr | **UNDERSTAND TEST CONTENTS**Read the study guide.If no study guide, know the information and dates the test covers. Make your own study guide outlining terms/concepts you will be responsible for. |
| < .5 hr | **IDENTIFY AREAS OF STRENGTH/WEAKNESS**Highlight content from study guide which you feel least confident in. Study this information first and devote more time to it. |
| < 1 hr | **MAKE A STUDY PLAN**Make a plan based on what information is most important, your confidence level in content, and time you have to study. |
| Varies | **STUDY!** |
| Varies, no more than 3 hrs | **TAKE A PRACTICE TEST**Create and take your own practice test. You will feel more at ease if you have already gone through the motions of test-taking before the actual test.Look over the practice test and identify areas of strength and weakness. |
| Varies | **STUDY MORE!**Focus on content you were unclear about.Take the practice test again if you have time, and continue to study. |
| Varies | **REST AND CENTER**Cramming right before a test can increase test anxiety. It is more helpful to get a good night’s rest, eat breakfast, and take a few minutes to center yourself before a test.  |

STUDY PLAN STEPS